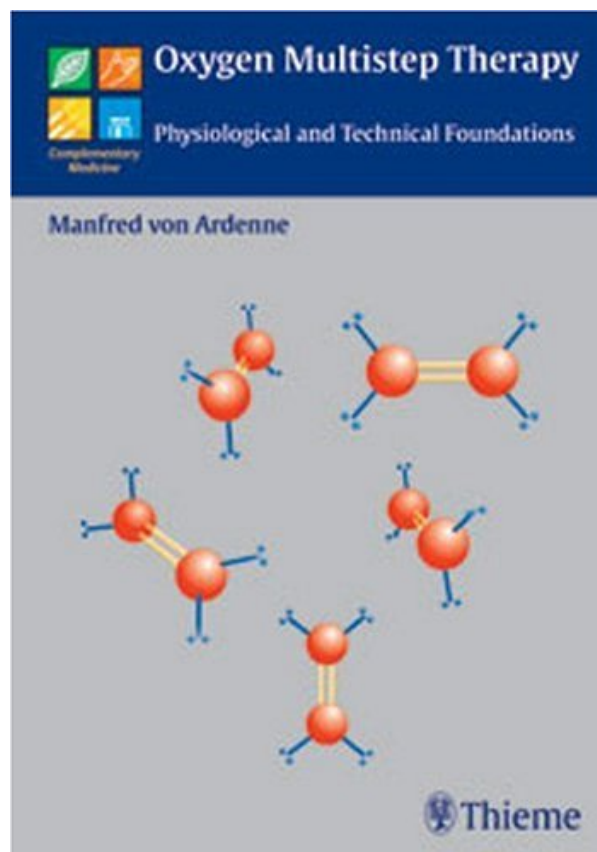
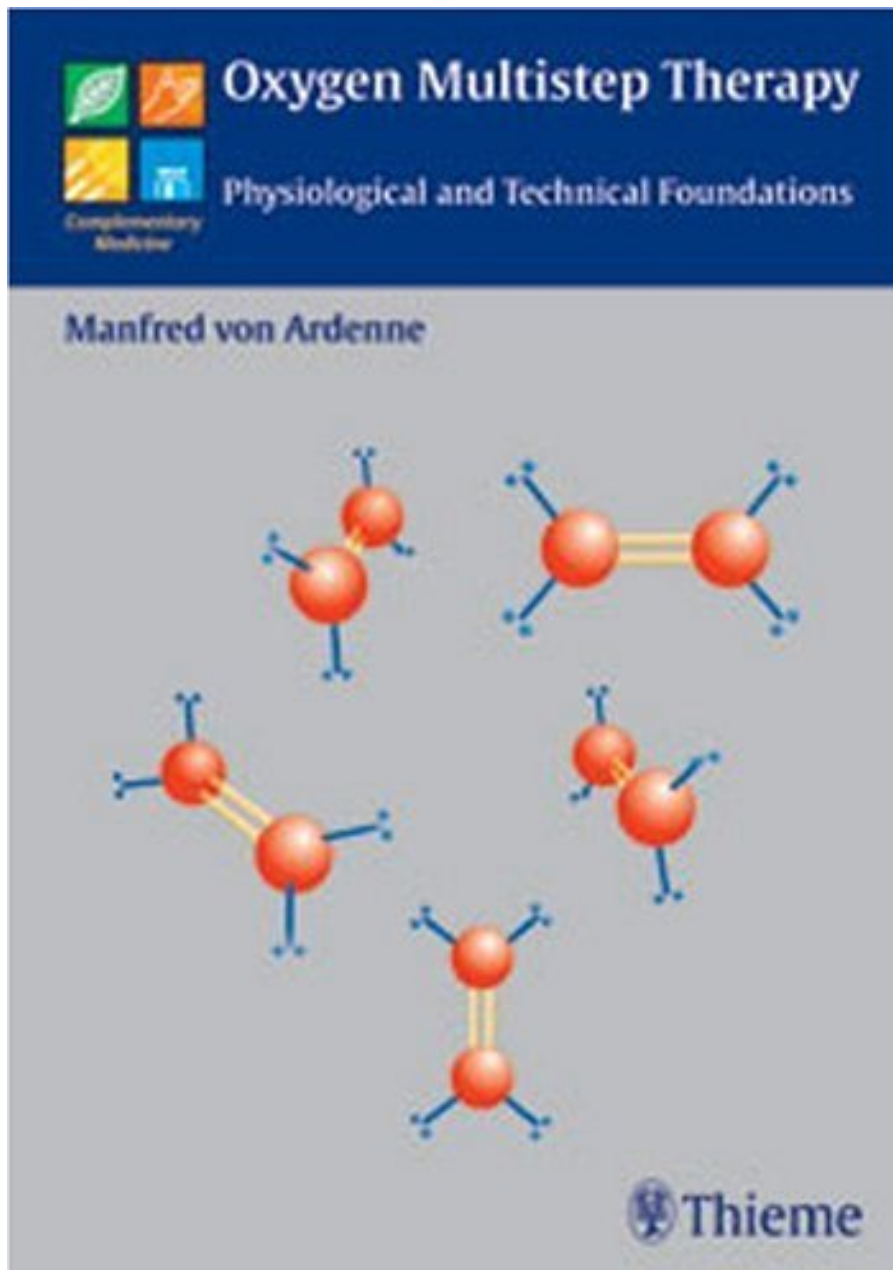


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A wide variety of illnesses, including heart disease, cancer, circulatory disorders, and mental illness, are sometimes related to oxygen deficiencies. Although not a cure, oxidative therapies generate more oxygen in the body and can contribute to the recovery of disease, as well as help to achieve optimum overall health and longevity.

Developed in the late 1960s by Professor von Ardenne, oxygen multistep therapy combines oxygen therapy, drugs that facilitate intracellular oxygen turnover, and physical exercise adapted to individual performance levels. This unique therapy has diversified into more than 20 different treatment variants and is now practiced in several hundred settings throughout Europe.

This classic text walks you through each step of oxygen multistep therapy. The book describes in detail the physiological and technical foundations of the therapy, and provides effective, convenient, and safe patient care guidelines. You will find essential information on tissue reactions to local oxygen deficiencies, oxygen and blood supply increases in body tissues, effective methods to combat oxygen deficiency diseases, and much more!

Your complete overview to oxygen multistep therapy, this landmark text belongs in the hands of anyone interested in oxygen therapies.

- Sales Rank: #1860826 in Books
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- Dimensions: .90" h x 6.90" w x 9.50" l, 2.20 pounds
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A Classic People Will Be Reading 200 Years Hence

By James Studer

While not viewed as fully conventional or relevant for modern US medicine, this is a classic. Elegant in its simplicity that contends that improving O₂ delivery to every cell in the body is good and necessary thing especially as we age. All backed up by real science nearly always absent (or obscured) in our US drug based treatments. Who would have thunk!

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The ultimate primer for modern EWOT

By Amazon Customer

The ultimate primer for EWOT/Oxygen Multistep Therapy. While von Ardenne was most focused on curing cancer, the general parameters he set out transform very well into modern EWOT protocols with high volume delivery of O₂. As a scientific paper, and one that is a little older, it is heavy reading! However, with even a little scientific background, it is possible to extrapolate the information required to make an informed decision about EWOT as a therapy, or exercise protocol. More a reference book than a weekend read!

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I need better guidance and will be discussing it with my pulmonologist ...

By caessence

I am not technically minded, but I have a lung condition so I wanted to read this book. It has been so inspirational for me that I began to attempt to practice this, exercising with oxygen. I need better guidance and will be discussing it with my pulmonologist on my next visit. Apparently, you can get this therapy in Germany where insurance will pay for it, at least that is what the book said. I wish U.S. doctors were more informed on other therapies besides just pharmaceuticals.

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